



Describe your relationship with your family? Are they local?

Tell me about how you are spending your time. If you are working, how has it been during this time?

In what ways have your daily routines been impacted – sleeping, eating, socializing, exercising?

What have been your sources of support and strength during this time? What are your sources of pleasure or recreation?



Describe other losses you have experienced. What did you find helpful during those times?

Do you see a therapist?

What has been your experience in groups up to this point?

What do you imagine will be helpful about joining a bereavement group right now?



What, if any, concerns do you have about joining a group?

What is your schedule and availability for joining a bereavement group?

Form completed by:

Date: