

Special Seminar hosted by Claire Willis, LICSW  
**Creating a Legacy from Everyday Life**  
**June 2, 2020**  
**2:30 pm - 4:30 pm Virtual Meeting**

The COVID-19 pandemic has upended our lives bringing uncertainty and grief into our hearts and minds. It's been of special concern for those of us who are older and those of us with compromised immune systems who are more medically vulnerable.

With that in mind, seeking clarity around what is most important to us in this moment can create comfort and intimacy with ourselves and those we love. This clarity can be shared in our own words by creating a spiritual ethical will. Please join me and other Facing Cancer Together participants in a two-hour seminar where we will develop a record of who we are, who we have been, clarify our essential values, and reflect on life lessons. We will begin to create a meaningful written document that you can write for yourself and perhaps share with those close to you.

In this two-hour workshop, we will discuss in detail about some of the universal psychological, social, and spiritual concerns we all share. After my talk I will help you jump start the process of using your own words to create an ethical spiritual will. You'll receive handouts both before and after our meeting so that you can continue the process of creating a legacy from your life that reflects what is most meaningful and important to you.

**Registration is limited to 18 participants, so please sign up early by emailing Isabel Pinto-Pro at [ipinto@facing-cancer.org](mailto:ipinto@facing-cancer.org). Isabel will provide a zoom link and handouts.**

This workshop is based on, "Lasting Words: A Guide to Finding Meaning Toward the Close of Life," By Claire Willis.