

## **Creating a Legacy from Everyday Life**

Legacy Writing Workshop Series hosted by Claire Willis, LICSW

April 21, 28, May 5, 2021

4:00 – 5:30 pm on Zoom

As we grow older, many of us wonder how we will be remembered, what difference our life has made and what values and wisdom we have to pass onto our loved ones. Many of us have prepared legal wills to distribute our belongings after we die, but few of us have considered leaving a spiritual/ethical will, a record of who we are and have been, a document that can be offered to family and friends. Words never matter more than they do toward the end of life. Expressions of joy and sorrow, the desire to connect with loved ones who may be emotionally far away, the seeking of comfort for oneself and strength for others: All are present when time is short.

Come join us for an initial interactive presentation followed by a 45-minute writing workshop where we will begin to write our ethical will. The initial presentation will be followed by two writing workshops, on the following two Wednesdays. You will quickly realize that you have more to write about and share than you could ever have even imagined. Detailed handouts will be emailed following each workshop so that you can continue to do the work on your own.

To sign up, please email Isabel Pinto at [ipinto@facing-cancer.org](mailto:ipinto@facing-cancer.org).

### **Bio**

Claire is a clinical social worker and lay Buddhist chaplain who has worked with people living with cancer for over 25 years. She is the co founder of Facing Cancer Together where she facilitates support groups, therapeutic writing and bereavement groups. Claire maintains a private practice in Brookline with a focus on end of life and bereavement. She is the author of *Lasting Words: A Guide to Finding Meaning Toward the Close of Life* and co-author with Marnie Crawford Samuelson of *Opening to Grief: Finding Your Way From Loss to Peace*, published in 2020.